

Ragmans Lane Farmhouse

GL17 9PA

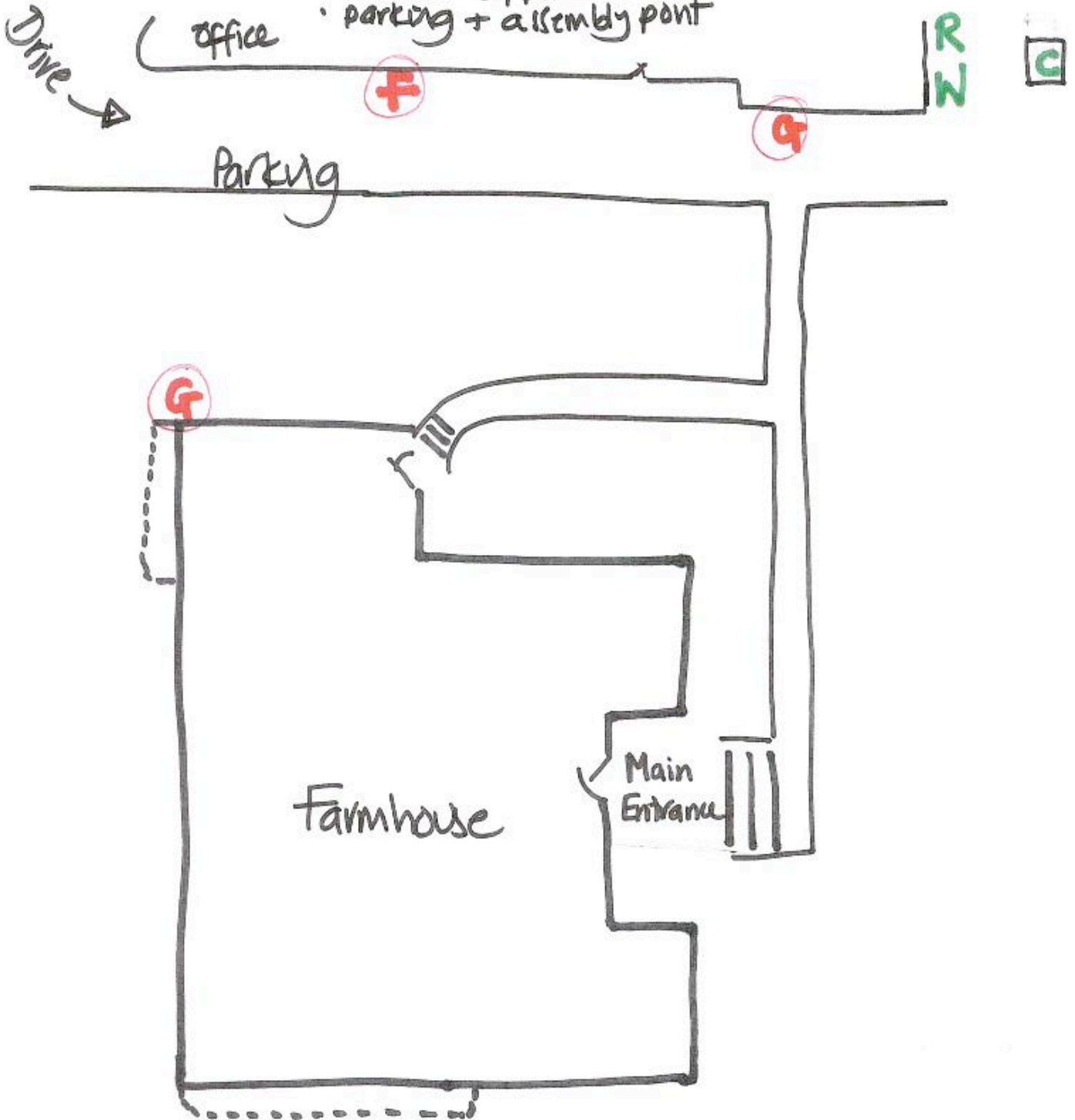
Location and access to the farmhouse.

For Health & Safety and to respect other farm users privacy please don't access any areas marked in red.

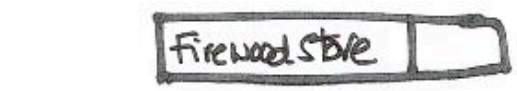


Ragmans Lane Farmhouse

- rubbish, recycling, compost
- firewood supplies
- parking + assembly point

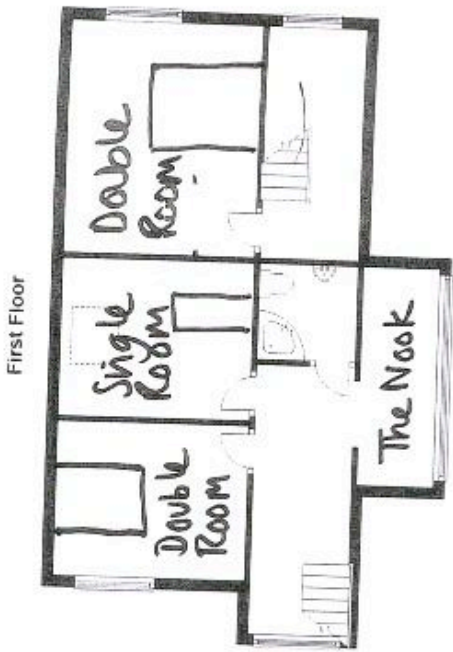
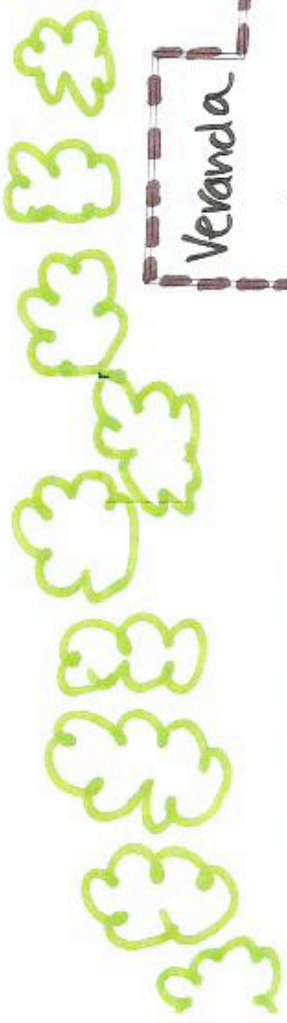


- R** - recycling bins
- W** - Black bag waste
- C** - compost/worm bin
- F** - fire assembly point



- G** - gas safety cut off

Ragmans Lane Farmhouse Room Plan



Car Parking

Ragmans Lane Farm

We have been at Ragmans Lane Farm since 1991.

Ragmans Lane Farm is a 60 acre organic farm, comprising mostly pasture (38 acres), woodland (8 acres) and orchard (9 acres). The farm is nestled in the bottom of the Wye Valley sited in the Wye Valley Area of Outstanding Natural Beauty.

The farms main focus is orchard management and apple juice production, education work and venue hire for courses on sustainable land use and living on the land, holidays and events.

There are over 30 different varieties of apple and pear in our orchards. The majority go into our farm pressed apple juice, and some we sell as table fruit. We are proud to say we manage our orchards organically and holistically using bio-fertilisers to maintain healthy soils - resulting in healthy crops.

Courses are held in the Bunkhouse and the Mushroom Shed on the farm. This combination of business and education work is a core strength of the farm. Key to the education work is passing on knowledge gained from the farms business experience (creating local markets, diversification) and taking opportunities to open up the farm to the wider community e.g. supporting micro enterprise and community organisations and holding public events such as our Wassail around the orchards.

Tutors include leading national experts - Patrick Whitefield Associates, Bees For Development, Jairo Restrepo. The farm and the farm enterprises are an integrated backdrop to these courses. Over the last 30 years over 1,500 people have visited the farm to attend courses or farm tours.

Ragmans is also working in partnership with other local farmers and providing a platform for small businesses such as The Willow Bank, well known for its living willow sculptures and installations. The charity Bees for Development have a teaching apiary on site which is used on their Sustainable Bee-keeping courses. The Market Garden at Ragmans growing organic vegetables for supply to local outlets and the local community and Simon Cutter, a local award winning beef farmer, grazes his cattle at the farm.

Sustainability and permaculture are at the heart of our work.

Ragmans name has a connection to the old lane than runs through the farm from the river up the hill to Ruardean; once upon a time the Ragman would have brought old cloth to the site to be converted into paper!

The Farmhouse

The Farmhouse is set in beautiful surroundings with views out across the Wye Valley AONB and situated on the edge of the Forest of Dean. You are welcome to walk around the orchards or walk from the farm onto footpaths alongside the River or connect with cycle tracks that join the network of tracks throughout the Forest of Dean.

The Farmhouse is well placed to access the numerous wonderful outdoor facilities in the Forest of Dean and Herefordshire area.

Do have a look at the visit dean wye website for things to do, places to eat and visit

<https://www.visitdeanwye.co.uk/>

Alternatively, the Farmhouse is perfect for a rest and complete getaway from the hustle and bustle of life. Sit and relax in the garden and star gaze late into the evening.

The Farmhouse comprises of a large open plan sitting room with wood burner, 2 kitchen dining areas, 6 bedrooms, a toilet and shower on each floor and another toilet with bath on the ground floor and a beautiful garden to sit in and star gaze in the warm summer months.

There is 1 kingsize, 1 double and 1 twin bedroom on the ground floor and 1 single and 2 double bedrooms on the first floor. All beds are supplied with a sheet, pillows and pillow cases, duvets and covers.

Please note if you have booked reduced occupancy, the part you book comprises of 1 kitchen dining area, 4 bedrooms, 2 toilets/showers and a garden. The ground floor has 1 kingsize and 1 twin bedroom, then there is 1 double and 1 single bedroom on the first floor.

Facilities: There is wi-fi in the farmhouse, however, please note we are in a rural location so signal and speed can be slow.

Whats included

The kitchens' are fully equipped, with a selection of pots and pans, cutlery and crockery etc.

Heating and hot water is included.

Linen - Towels (1 bath towel per person and one hand towel in each bathroom and kitchen), pillows and cases, duvets, duvet covers and sheets are supplied. Complimentary cleaning materials and toilet rolls are included but you may need more during your stay depending on your usage.

Firewood - A complimentary basket of firewood is included in your booking for the wood burners, further bags can be purchased during your stay.

What you need to bring - Indoor shoes/slippers and a torch.

Please be aware

This is a working farm, and there may be daytime noise from tractor, deliveries etc. Barns, equipment etc are out of bounds. There is a pond and a small amount of electric fencing to be mindful of.

Children must be supervised at all times.

Dogs and pets are not allowed

Wildlife & the environment

The farm is sited within the Wye Valley Area of Outstanding Natural Beauty and you can walk to the river from the farm (about 10 minutes across the fields).

There is lots of wildlife - slow worms, frogs, butterflies, birds. The pond has moorhens, coots and various ducks and geese visit in the spring, there is a resident heron and even kingfishers have been spotted there. In summer the screech of buzzards and red kites circling high over the hills can be heard and seen from the farm.

There are lots of little features around the farm such as the pond which catches and stores rain water and run off for irrigating the veg garden, and the comfrey growing around our apple trees helping to pull nutrients from deep below the tree roots, we cut the comfrey and leave it around the trees so the nutrients are fed back to the trees.

In 2011 we planted over 1000 native trees in partnership with the Woodland Trust. This woodland links up existing woodland to provide a wildlife corridor from the Forest of Dean along the Wye Valley.

Whilst radical in the 90's, with the pressures of carbon reduction/sequestration, climate change and sustainability these principles are more widely understood and accepted. The farm has been awarded recognition by the Permaculture Association as a demonstration site and is a registered member of the Association's LAND project (Jan 2010).

We are linked in to the local Transition network and are keen to support local businesses.

As part of the Environmental Stewardship Scheme we are very careful about how we use the land, how we manage hedgerows and woodland for wildlife and what we put into the water courses. As an organic farm using permaculture methods we are mindful of these things too.

Ragmans Lane Farm

Fire Safety Guidance for the Farmhouse & Cottage Annexe

Please ensure that all guests are aware of these guidelines.

Potential hazards can occur at any time, please be mindful of the need for fire safety for the duration of your stay.

The following must be observed at all times by all guests and/or visitors during your stay:

- No smoking in the building at any time
- All doorways and routes out to be kept clear at all times (inside and outside)
- Rooms to be kept tidy and fire exits to be kept clear to ensure quick escape
- No external fires, fireworks or fire lanterns/sky lanterns
- Cigarette ends to be placed in the ashtray provided in the outside seating area
- Please do not light candles or burn incense. Never leave lit candles unattended.

Please be aware of potential fire hazards such as:

- overloaded electricity sockets, blocked exits/access points, overloading the wood-burning stove, unattended cooking pans/irons/fires/flames (candles), smoking, storage of firewood and kindling, flammable materials/products brought into the Farmhouse or Cottage Annexe

What to do in the event of a fire - a Fire Action notice is displayed in the stair lobby area.

Please make sure guests are aware of the procedure in the event of a fire. It is important that someone has a mobile phone with a good signal to call Emergency Services on 999 or 112 in the case of an emergency.

In the event of a fire please ensure everyone leaves the building, call the Emergency Services, and wait for Emergency Services at the designated Assembly Point.

The Assembly Point is in the Farm Yard Car Park.

A Fire Blanket is on the wall in each Kitchen. If you do use any of the Fire Safety Equipment please let the farm know so the equipment can be checked/replaced if necessary.

Please consider if there are people in your group who may need special assistance in the event of a fire, particularly at night. Please make specific arrangements to ensure they are assisted in the event of a fire.

Emergency Contacts

Hospitals		
<p>Accident & Emergency units. An emergency is a critical or life threatening situation, which may include loss of consciousness, severe breathing difficulties, deep wounds, such as stab wounds, severe chest pain or heavy loss of blood. If emergency care is required, a trip to A & E or a 999 call for an ambulance is the right course of action to take. If the situation is less critical and you are unsure whether to seek medical help, call NHS direct on 111 for advice.</p>		
<p>Minor Injury Units at a number of hospitals provide a variety of services to people who are unwell or to people who have had accidents. The size of each unit, the opening hours and the range of services available varies, so if you're unsure whether it's right for you, contact the hospitals direct.</p>		
Gloucester Royal Hospital, Great Western Road, Gloucester GL1 3NN	A & E 24 hour	0300 422 2222
Hereford County Hospital, Union Walk, Hereford HR1 2ER	A & E 24 hour	01432 355444
Dilke Memorial Hospital, Speech House Road, Cinderford GL14 3HX	Minor Injury Unit (Check for opening hours)	01594 598100
Lydney & District Hospital, Lydney GL15 5JF	Minor Injury Unit (Check for opening hours)	01594 589220
Ross Community Hospital, Alton Street, Ross-on-Wye, HR9 5AD	Minor Injury Unit (Check for opening hours)	01989 562100

NHS Direct	For GP out of hours	111
Lydbrook Health Centre	GP	01594 860219
Cinderford Health Centre	GP	01594 820820
Cinderford Dental Surgery	Dentist	01594 824030
Emergency Dental Service - NHS	Emergency Dental Appointments	111
David Kear, Cinderford	Opticians	01594 823690

Pharmacists		
Boots, 9 11 Market Street, Cinderford, GL14 2RT	Mon - Fri 9.00am - 5.30pm Sat 9.00am - 5.00 pm	01594 822332
Drybrook Pharmacy, Drybrook Road, Drybrook, GL17 9JA	Mon, Tue, Thur, Fri 9.00 - 1.00 & 2.00 - 5.30 Wed, Sat 9.00 - 1.00	01594 542157
Boots, 5 Market Place, Ross- on-Wye, Herefordshire HR9 5NX	Mon - Sat 8.30am - 5.30pm Sun 10.00am - 4.00pm	01989 562798
Berry Hill Chemist 42 Park Road Berry Hill GL16 7AG	8.30 - 5.30pm Mon-Friday Closed between 1-2pm Closed Saturday & Sunday	01594 832225

CARDBOARD

YES PLEASE



FOOD
SIFVES

BOXES



NO THANKS

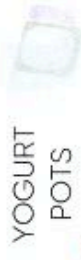


FOOD
CONTAMINATED
CARDBOARD

PLASTIC

YES PLEASE

MARGARINE
TUBS



YOGURT
POTS



BOTTLES



PLASTIC FILM

BUBBLE
WRAP



NO THANKS

CARRIER BAGS
& BLACK BAGS



HARD
PLASTICS
Charis,
Drain Pipes,
Buckets etc.



POLYSTYRENE

PAPER

YES PLEASE

PAPER &
GREETING
CARDS



PAPER BAGS



NEWSPAPERS,
MAGAZINES &
CATALOGUES



NO THANKS



WINDOW
ENVELOPES

METAL

YES PLEASE



FOOD CANS



DRINK CANS



BISCUIT/
CHOCOLATE
TINS

NO THANKS



AEROSOLS



FOIL & CRISP
PACKETS



Hot Water

The hot water is on.

The water heaters are in the cellar and can take a while to get to the taps, please be patient.

Running 2 showers and/or equipment will reduce the flow of the hot water.

Central Heating

The Central Heating is on.

There are 3 programmer/controller thermostat boxes in the Farmhouse.

The Farmhouse Kitchen has under floor heating. **Please do not adjust the control panel in the Kitchen.**

To increase/decrease the temperature

There is no advance or boost button

To increase the temperature - press the up arrow on the front of the control box, next to the LCD. The temp setting will flash and increase in increments of 0.5°. Stop pressing the up arrow at the desired temperature. The temp will return to the AUTO temp at the next programmed setting.

To decrease the temperature - press the down arrow the temp setting will flash and decrease in increments of 0.5°. Stop pressing the down arrow at the desired temperature. The temp will return to the AUTO temp at the next programmed setting .

Power Cut / Loss of Hot Water / Heating

If there is a power cut or you lose hot water or heating, the boilers in the cellar may have switched off.

To reset them:-

Unlock door to cellar (this can be found next to the lounge on the way through to the annexe).

Turn on light switch outside cellar door.

Take care descending the steep steps.

Turn on another light switch which is on the right hand side wall as you enter the cellar.

You will see 3 boilers.

If any are off, press on/off or reset button to turn them back on.

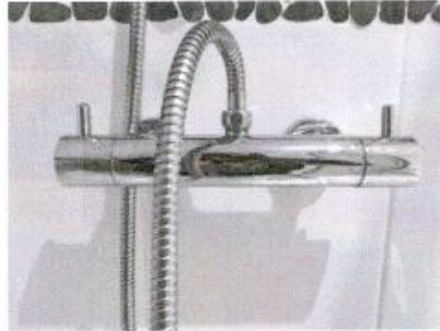
Any further issues please contact the housekeepers on both numbers you have been supplied with, and leave a message if no answer. Someone will get back to you as soon as possible.

Thank you.

Ragmans

Shower Instructions

Downstairs Shower



To turn the shower on turn the left hand knob towards you

To turn it off, turn the left hand knob away from you (towards the wall)

To adjust the temperature:-

Colder - turn the RH knob away from you towards the wall

Warmer - turn the RH knob towards you

(There is an over-ride button on this shower, we don't recommend using it, but if it has been used, to reset it press the RH knob down and turn back towards the wall/away from you).

Upstairs Shower



To turn the water on turn the nob at the back of the shower fitting to the Right to switch on and to the Left to switch off.

The front knob adjusts the temperature, cold to the left, hot to the right.

The hot water has to come from the cellar, please given it time to heat up.

Living Room Wood Burner Instructions



1. Ensure that the ash pan is in place. Ensure the air inlet is fully open. The lever on the bottom should be pushed to the right.
2. Construct a pile of kindling in the middle of the grate using approx 500g of kindling wood.
3. Partially shut the door but leaving it cracked open slightly.
4. After about 5 minutes or when the fire is well established, shut the door.
5. After a further 3-5 minutes as the fire starts to die, add a further 3 larger pieces of wood.
6. Once these logs are alight, and after about 7 minutes or so, a normal load of 3 logs can be added.
7. Once this load is burning well, the primary air vent can be closed.

Some safety tips for your stay:

Please do not dry clothes within 2 meters of the wood burner

Please do not store anything combustible within 2 meters of the wood burner

Please close the wood burner down and ensure the door is closed when leaving the Farmhouse for the day, and before going to bed.

Please do not let children play around the wood burner.

Small Kitchen Wood Burner Instructions



1. **IMPORTANT** – ensure no combustible materials are on or with 240mm of the stove.
2. Clear a circle of ash in the centre of the grate and layer the grate with a bed of screwed up newspaper.
3. Cross-cross 8-10 kindling stocks on top of the paper and place 1 -2 slim logs on top of the kindling. **WE DO BIT RECOMMEND THE USE OF FIRE LIGTERS.**
4. Open the **Spin Wheel** fully and pull out the **Airslide**. Light the paper and leave the door slightly ajar by about 10 mm. When the kindling is well alight, shut and latch the door.
5. Once the fuel is burning vigorously, half the **Spin Wheel** opening. As the fire becomes well established another small log can be added and the **Spin Wheel** opening further reduced.
6. Leave the **Airslide** out until the thermometer reaches between 350 – 400 degrees Fahrenheit (this usually take 15-20 mins). The **Spin Wheel** can now be closed. The **Airslide** can now be pushed $\frac{3}{4}$ of the way in. Fuel can be added as required (if the fuel or chimney are not ideal it may be necessary to leave the spin wheel open half a turn).
7. The stove should soon be operating at its optimum temperature of between 450-550 degrees Fahrenheit. From now on just use the **Airslide** to regulate the burn, and achieve efficient combustion. Only use the **Spin Wheel** if the fire bed has died right down, and **NEVER** open it more than the **Airslide**.

TIPS:

- *Maintain a bed of ash approx. 1" deep on the grate.*
- *New fuel should be added to the back of the firebox using the gloves provided. You can usually roll any burning logs forward wit the new log.*
- *Do not fully close the Airslide as it is this air that keeps the glass clean.*
- *Stoves with a smoke control airslide fitted cannot be fully closed down.*

Living Room

TV & Freesat Instructions

1. Turn the plug on at the wall.
2. Using the remote controls – turn on the TV and the Freesat Box.
3. The TV will turn on to normal Freesat channels.
4. To use the Firestick or plug in a console / dvd player etc.
Use the 3 hdmi plug just under the TV on the right hand side. (It has 3 hdmi ports).
5. Press the “Source” button on the top left hand corner of TV remote.
6. Select the relevant hdmi channel and check it is selected on the 3 hdmi plug – then your device should be connected and you should see it on the screen.
7. To access the Firestick use the Firestick remote and log into your Amazon account or set a new one up.
8. Once you have logged in you can access your Prime Account, Netflix, YouTube etc.
9. To exit back to normal TV – press the “Source” button and select hdmi 1 channel and press ok.

WIFI PASSWORD: 78098107

PIN: 0000



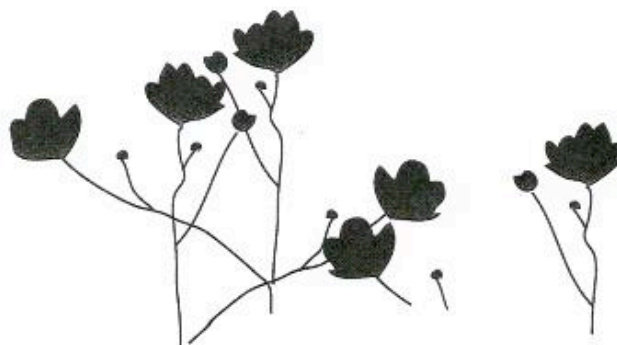
Bedroom

TV & Freesat Instructions

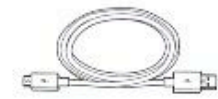
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3. The TV will turn on to normal Freesat channels.
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WIFI PASSWORD: 78098107

PIN: 0000



What's in the box:



Alexa Voice Remote Lite



Connect your Amazon Fire TV Stick Lite

Connect one end of the USB cable into your Fire TV Stick Lite and the other into the power adaptor. Plug your Fire TV Stick Lite into the HDMI port on your TV. Then plug the power adaptor into a nearby electrical socket. Turn on your TV, then select the appropriate HDMI input.



Use the included HDMI extender to improve Wi-Fi and remote performance, or if you have trouble fitting your Fire TV Stick Lite into an HDMI port on your TV.

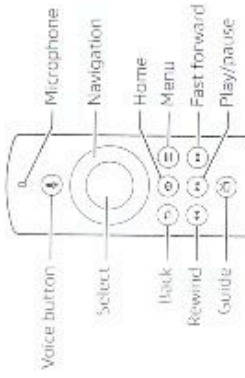


Power up your Alexa Voice Remote Lite

1. Open the back of the remote and insert the included batteries.



2. Follow on-screen instructions to pair your Alexa Voice Remote Lite.



Complete the on-screen setup

Using your Alexa Voice Remote Lite, follow the on-screen instructions to choose your language, select your Wi-Fi network and register your device.

Note: If your Wi-Fi network is password protected, have your Wi-Fi network password handy to connect your Fire TV Stick Lite to the internet. If your network is hidden, select the Join Other Network tile from the list. If required, enter your network password using the on-screen keyboard.

Wi-Fi tips and troubleshooting

- For best Wi-Fi performance, use the 5 GHz band on your wireless router (if available).
- If you see a lock icon, your Wi-Fi network requires a password, so make sure you have it available.
- If you need help finding your Wi-Fi password, go to www.amazon.co.uk/help/wifi.
- Ensure your internet is working properly. Restarting your router and modem will solve most Wi-Fi network issues.
- Do not place your wireless router or Fire TV Stick Lite in a cabinet, as it may impact Wi-Fi signal strength.
- Some Wi-Fi issues may be improved by connecting the included HDMI extender.

Wild Boar

Very occasionally you may encounter wild boar at the farm.

What are they

Wild boar are stocky, powerful animals covered in bristly hair that can vary from dark brown almost black in colour to gingery brown. Mature males have tusks that protrude from the mouth. Females also have tusks, but these do not protrude.

Piglets are a lighter ginger-brown, with stripes on their coat for camouflage and are affectionally known as 'humbugs'. Wild boar can stand up to 80cm at the shoulder and they normally weigh between 60–100kg.

Wild boar grow to be very large strong animals and can move surprisingly fast for their size. They will also readily move to defend their young when they feel threatened, so should always be treated with caution and respect.

Wild boar have relatively poor eyesight but a keen sense of smell. They are more likely to sense or hear the movement of people or dogs moving towards them rather than seeing them, and will react by moving towards the noise to see who or what is approaching. This can be interpreted as aggressive behaviour.

Advice if you encounter them

When a family group (known as a sounder) is disturbed by walkers, the tendency is for one of the larger sows to move and position themselves between the walkers and the young piglets, often with much snorting. The other sows in the group will then lead the piglets to safety in deeper vegetation. Once the family have moved off, the defending sow will usually suddenly turn and re-join the group out of sight.

The defending sow may, however, be provoked into a mock charge if they feel threatened. This may happen if walkers have continued towards the sow, either to get a better look or simply because they have not noticed the animal.

Male boar tend to be seen alone, and can grow to a significant size. The older male boar are less likely to run or move away from people, often simply standing and watching as you pass by.

Give the animal space and if needed turn and find a different path – or stand still until the boar have moved off.

For further information on Wild Boars click the link below to be taken to the Forest England Website.

<https://www.forestryengland.uk/article/wild-boar-the-forest-dean>

Key tick awareness messages

- **'be tick aware'** and remember that you could be exposed to ticks whenever you spend time outdoors, including when in your garden or the local park
- ticks mainly attach to animals, but sometimes they may bite you or your family. It is important to remember that bites can occur on any part of the body and more than one tick can be attached at a time
- you can reduce the chance of tick bites by walking on clearly defined paths, using insect repellent and performing **regular tick checks**
- some tick bites can result in infection, so it is important to remove ticks safely and as quickly as possible
- the safest way to remove a tick is by using a pair of **fine-tipped** tweezers or a tick removal tool
- if you begin to feel unwell with flu-like symptoms, or develop a spreading circular rash (which usually appears within 1 to 4 weeks after being bitten), **contact your GP or dial NHS 111 promptly**

More information

For more information, search for the phrases 'ticks' and 'Lyme disease' on these websites: www.nhs.uk www.gov.uk

www.gov.uk/government/collections/lyme-disease-guidance-data-and-analysis

www.nhs.uk/conditions/lyme-disease/

www.nhs.uk/conditions/tick-borne-encephalitis/

You can also send any ticks you find to our Tick Surveillance Scheme. Visit www.gov.uk/guidance/tick-surveillance-scheme to find out more.

NICE Lyme guidance: www.nice.org.uk/guidance/ng95

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UKHSA supports the Sustainable Development Goals

SUSTAINABLE DEVELOPMENT GOALS



UK Health
Security
Agency

Enjoy the outdoors but 'be tick aware'



'Be tick aware' to avoid tick bites and know how to take action if you or your family get bitten by ticks



What are ticks?

Ticks are small, spider-like creatures that feed on the blood of animals, including people. The size of a tick can vary, with a larva being as small as a tiny freckle, and fully fed females similar in size to a baked bean.

Where do you find ticks?

Ticks survive in many habitats, but prefer moist areas with leaf litter or longer grass, like in woodland, grassland, moorland, heathland and some urban parks and gardens.

Ticks don't fly or jump. They wait on vegetation for a host to pass by, and then climb on. They bite and attach to the skin and feed on blood for several days, before dropping off. Ticks are found throughout the year, but are most active in spring and autumn.

Main health risks

- ticks can sometimes transmit microbes that may cause human diseases such as Lyme disease and tick-borne encephalitis (TBE), though TBE is rare in the UK. It is important to be tick aware and see your GP promptly for diagnosis and treatment if you recognise the symptoms of tick-borne diseases which can include:
 - a flu-like illness, fatigue and muscle and joint pain
 - a characteristic expanding red rash, known as erythema migrans (present in many but not all cases)
 - persistent headache, confusion or sensitivity to bright light
- you may not always remember being bitten by a tick, so if you have spent time outdoors and develop any of these symptoms, seek advice from your GP or dial NHS 111
- Lyme disease can be treated with a course of antibiotics. Without treatment, more serious conditions can develop such as swelling in some joints or problems with the nerves and heart, so prevention and early detection are key
- rarely ticks transmit tick-borne encephalitis (TBE), however the risk in the UK is very low. Symptoms include flu-like illness, persistent headache, confusion and sensitivity to bright light

Avoiding ticks

- walk on clearly defined paths to avoid brushing against vegetation
- wear light-coloured clothes so ticks can be spotted and brushed off
- use repellents such as DEET
- carry out a tick check

Carry out a tick check

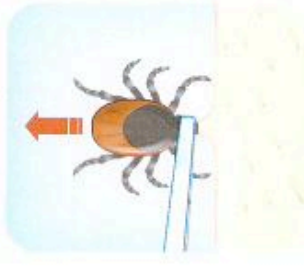
Make it a habit to check your clothes and body regularly for ticks when outdoors and again when you get home. Check your children and pets as well.

Areas that ticks may frequently be found include skin folds, armpits, groin, waistband area, back of the neck and hairline. Data from UKHSA's Tick Surveillance Scheme shows that adults are commonly bitten on the legs, whilst children are commonly bitten on the head or neck area. It is important to remember, however, that bites can occur on any part of the body and more than one tick can be attached at one time.

If you have been bitten

- remove ticks as soon as possible
- the safest way to remove a tick is to use a pair of **fine-tipped tweezers** or a tick removal tool
- grasp the tick as close to the skin as possible
- pull upwards slowly and firmly, as mouthparts left in the skin can cause a local infection
- clean the bite area with antibacterial wash/soap and water, and monitor it for several weeks for any changes
- contact your GP promptly if you begin to feel unwell with flu-like symptoms or develop a spreading circular red rash. Remember to tell them you were bitten by a tick or have recently spent time outdoors

Tick removal with tweezers



Tick in the environment



Tick attached to skin



Lyme disease bullseye rash



Tick found under hair



All vehicles and property are left at the owners risk.

Ragmans Farm do not accept responsibility for any vehicles or property damaged, lost or stolen.

